



Town of Arlington  
Department of Public Works  
51 Grove Street  
Arlington, MA 02476

PRSRT STD  
ECRWSS  
U.S.POSTAGE  
PAID  
Boston, MA  
Permit No.  
59414

Postal Customer  
Arlington, MA

**Construction and Demolition Debris**

When undertaking a construction or repair job at home, remember to take into account the cost of private disposal of the resulting waste. When you hire a private contractor for improvements and repairs, be sure to find out if the cost of disposal is included in the price you are paying. As Arlington continues to improve its adherence to Massachusetts waste ban laws, some small amounts of material that had been collected with the trash in the past are no longer being collected.

Some unused and used salvageable building materials are accepted for donation by area nonprofits. Visit [www.arlingtonma.gov/recycle](http://www.arlingtonma.gov/recycle) for links to these organizations.

Residents can call JRM for a cost estimate for pickup of small amounts of construction and demolition debris. JRM also offers discounts on dumpster rentals for larger amounts of waste.



**Commercial Collection Program**  
New commercial customers should contact DPW for details.

Dear Resident,

Our community continues to keep trash disposal to the lowest level since records have been kept. The 2014 Vision 2020 Annual Survey shows that 68% of residents place an average of just one 32-gallon trash can or less of trash at the curb each week. There are life circumstances that occasionally require residents to dispose of more trash than they usually would. Whether a move, a celebration, a new household member or another life change results in excess trash, the Town has developed a convenient way for residents to have an occasional pickup of waste as a commercial customer. Contact JRM with an estimate of how much excess trash you have, pay over the phone, and set a date for collection - you won't even have to wait until your regular trash day.

**Keep Our Streets Clean**

Data and curb observation make clear that our recycling is about the same amount, by volume, as our trash. Purchasing larger barrels for recycling, or repurposing trash barrels into recycling barrels, can help contain household recycling and prevent wind catching it and creating litter.



Free RECYCLING stickers are available at the DPW office.



**Town of Arlington**  
2014-2015 Recycling and Trash Guide for Residents

This guide provides information you will need to properly dispose of many types of waste, making the most of Arlington's numerous recycling and disposal options. For options not mentioned in this guide, please visit: [www.arlingtonma.gov/recycle](http://www.arlingtonma.gov/recycle) or call 781-316-3108

**Arlington's Recycling and Trash Program**

- Weekly Mandatory Recycling (Unlimited):** Use a proper size container for the volume of recycling you place on the curb. Leave your recycling container out with your trash even if recycling has already been collected. Trash is picked up only when a reusable recycling container is also present.
- Trash Limit:** Each household has a 100-gallon limit, or the equivalent of three 32 gallon trash barrels. While you may use trash bags at the curb, Arlington recommends placing all trash in a barrel.
- Excess Trash:** In cases when a household predicts they will have more trash than is allowed per week, JRM can be contacted directly for a paid pick-up. The charge is \$10 per five 32-gallon barrels (\$10 minimum).
- Weekly Unlimited Yard Waste Collection (in season):** Paper leaf bags and clearly marked barrels are the only acceptable containers for yard waste. Plastic bags of yard waste cannot be collected as trash or as yard waste.
- Holiday Tree Collection:** One week only. If you do not have your tree on the curb that week you must make your own arrangements for private disposal.
- Bulk Trash Items:** One bulk item is accepted with curbside collection per household, per week. Examples include toilets, sinks, mattresses/box springs (one set), wood bed frames, furniture, microwaves, 1 car tire (rim removed), area rugs and carpet (one room, cut, rolled, and tied to 3' lengths or less).
- Metal items:** Large metal bulk items may require special handling or fees. Call JRM before putting these on the curb: metal bed frames, gas or charcoal grills, lawn mowers (fluids removed) and exercise equipment.

- Arlington Program Rules**  
Place trash on the curb no later than 7:00 AM on your trash pickup day and no sooner than 6:00 PM the day before your trash pickup day. Any item left on the curb past 9:00 PM on the day after pickup is subject to fines. No container or bundle for collection may exceed 50 lbs.
- State Laws Regulate and Define Household Waste**  
Only acceptable household waste is collected by the Town contractor, JRM Hauling and Recycling, Inc. Acceptable household waste excludes any materials covered by the

- Massachusetts Department of Environmental Protection Waste Bans, such as inherently dangerous, toxic, or hazardous wastes regulated by State and Federal authorities. Waste ban items include televisions and CRTs, construction and demolition debris, auto parts, stumps (regardless of size), dirt, rocks, concrete, biological waste, ammunition, and explosives. For a full list visit: [www.mass.gov/dep/recycle/solid/wastebans.htm](http://www.mass.gov/dep/recycle/solid/wastebans.htm)
- Disposal and Recycling Options TV/Computer Monitors (CRTs):**  
Bring TVs and computer monitors to the DPW office for proper disposal. Leave the items in your car while you pay for a sticker (\$10 per TV/monitor, \$5 per laptop). You must be able to lift/transfer unit in order to use this option. Curbside pickup is available twice a year for \$20 per unit by purchasing a sticker 48 hours prior to 11/15/2014 and 5/9/2015. Occasional additional pickups may be scheduled for \$40 per unit, call DPW for dates.
- Electronic Waste (e-waste):** Please recycle these items at DPW during regular business hours for free. Examples include cell phones and home phones, DVD players, small appliances, radio/stereo equipment, hard drives, printers, and cables. View the full list of acceptable items online at: [www.arlingtonma.gov/recycle](http://www.arlingtonma.gov/recycle)
- Appliances (white goods):** Appliances are collected for recycling (\$20 per unit). Call JRM to schedule a pick-up. Examples include clothes washers, dryers, dishwashers, stoves, refrigerators, air conditioners, hot water heaters, and dehumidifiers. Microwaves are considered a bulk trash item.
- Mercury:** These items should be kept out of the trash. Please bring the following items to DPW for proper handling: Batteries (button cell and rechargeable), thermometers and thermostats. Alkaline batteries go in the trash.
- Fluorescent Light Bulbs - NOT accepted at curb:** Bring to Arlington's hardware stores for proper disposal.
- Household Hazardous Waste (HHW):** Banned from household waste, HHW is collected eight times per year in Lexington (see p.3 for dates). A list of acceptable items are here: [www.arlingtonma.gov/hhw](http://www.arlingtonma.gov/hhw).
- Paint:** Oil-based paints are disposed of at Household Hazardous Waste collections (dates on p.3). Latex paint should be completely dried and disposed of in regular trash.
- Medications:** Unwanted medications can be dropped off 24 hours a day, 7 days per week in the medication disposal drop box at the Community Safety Building, 112 Mystic Street. Never place these items down a drain.
- Sharps:** Collected twice a year at Community Collection Days (dates on p.3) in red sharps collection containers only.

**Weekly unlimited mandatory recycling**  
**Keep recycling and trash containers together**  
 Recycling must accompany trash at curb to be collected.  
 not remove recycling bins before trash has been collected.

**Recycling Containers:** The Town does not distribute recycling bins. Any reusable container clearly marked “RECYCLING” is acceptable. Stickers for marking containers are available at the DPW office. Please choose a recycling container that is large enough to accommodate your recycling and prevent it from blowing away.

**Sorting & Materials Preparations:** Single-stream prepared items will continue to be picked up, however, sorting paper and cardboard is preferred. All recyclables (cans, bottles, jars, cartons) must be rinsed free of all contaminants. Remove and discard all corks in trash and recycle tops. Flatten containers whenever possible.

## Do Not Include



## Paper

- Mail and envelopes (envelope windows OK)
- Magazines and catalogs
- Paperback books
- Phone books
- Paper bags
- Newspaper
- Greeting cards
- Wrapping paper (no foil)
- Shredded paper (Place in paper bag)
- Fax paper



## Cardboard

- Corrugated boxes and other cardboard should be flattened.  
Boxes can also be nested for recycling.
- Cardboard boxes
  - Pizza boxes (with greasy liner removed)
  - Toilet paper and paper towel rolls
  - Frozen food boxes (no wax coating)
  - Paper egg cartons
  - Soda or beer packaging
  - Soap boxes
  - Laundry detergent boxes



## Tin, Aluminum

- Aluminum and tin cans
- Foil and pie plates
- Empty steel aerosol cans



**Glass (all colors)**

- Any color glass bottles and jars rinsed clean of debris.
- Condiment jars
- Wine bottles
- Beer bottles
- Fruit jars
- Sauce jars
- Vinegar bottles
- Baby food jars



## Plastic Containers

- All rigid plastic containers with symbols 1-7.  
Remove and recycle lids.
- Soda and juice bottles
  - Shampoo bottles
  - Window cleaner
  - Milk jugs
  - Saline solution bottles
  - Detergent, bleach bottles
  - Fabric softener
  - Take-out containers



## Food, Drink Cartons

- Milk and juice cartons
- Juice boxes
- Flavored milk boxes
- Cream and creamer containers

- Paper towels, facial tissues, napkins
- Cigarette packs
- Candy wrappers
- Wax or plastic-coated paper
- Foil wrapping paper
- Hardcover books
- Disposable hot beverage cups

- Boxes with silver or foil linings or coatings
- Anything dirty or greasy
- Wax-coated boxes
- Ice cream containers
- Disposable hot beverage cups

\* Remember to remove plastic film, bubble wrap, packing peanuts, air pillows, and foam- these go in the trash

- Scrap metal
- Wire clothes hangers
- Latex paint cans (Put empty, dried-out cans in trash)
- Propane tanks can be recycled at DPW for free.
- Hypodermic needles (Please contact the Health Department for proper disposal at 781-316-3170).


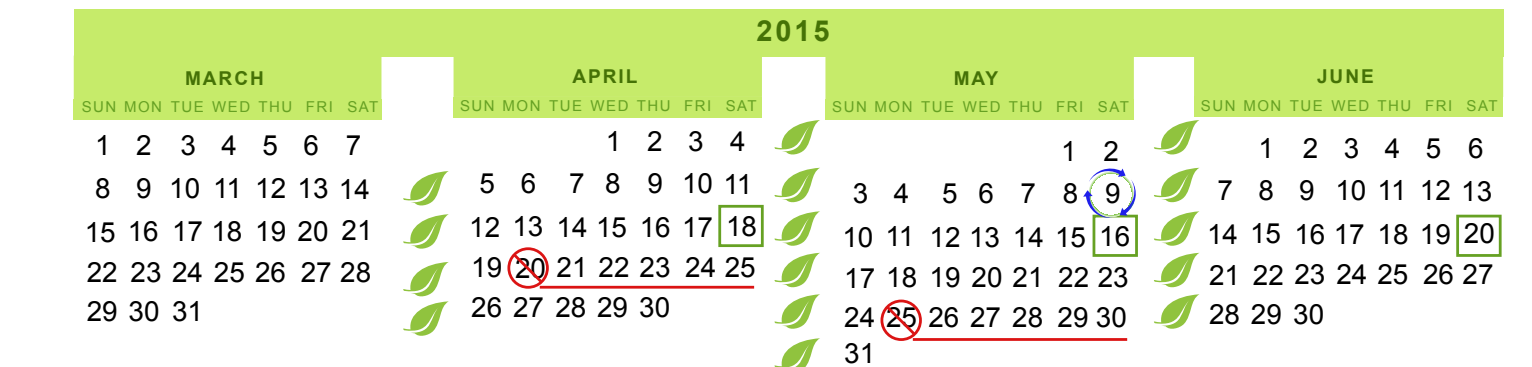
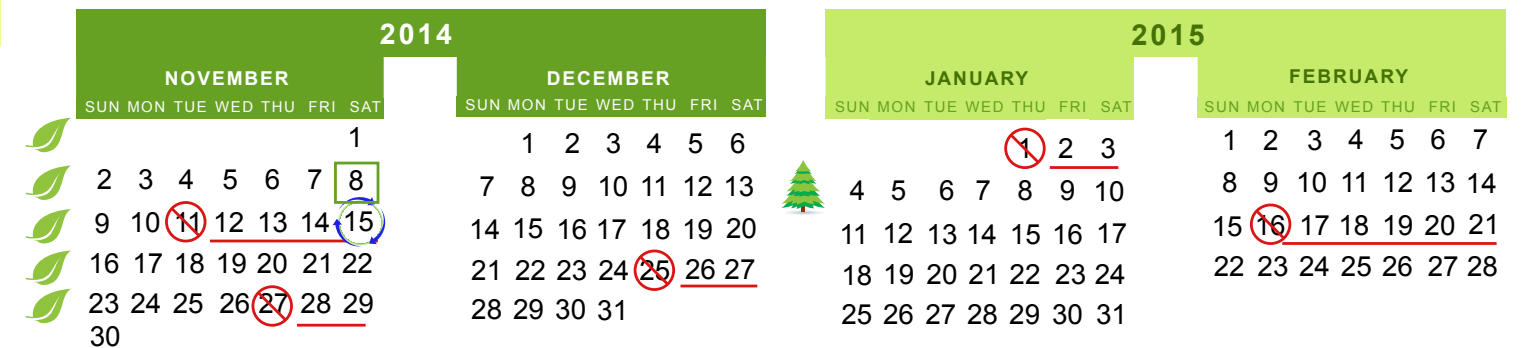
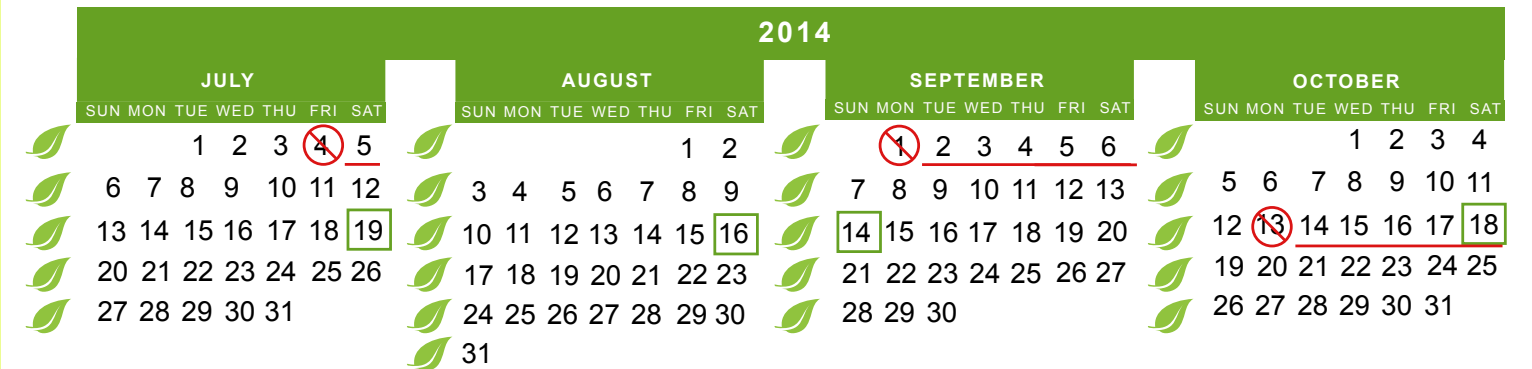
- Corks
- Broken glass
- Cups, dishes, plates
- Glass windows
- Pyrex®
- Ceramics
- Mirrors
- Light bulbs
- Crystal

- Plastic food wrap
- Sandwich bags
- Styrofoam®
- Packing peanuts
- Foam packaging
- Automotive fluid bottles (oil, antifreeze, brake fluid)
- Disposable hot beverage cups

Plastic shopping bags should be returned to supermarket for recycling


- Any wax or foil-coated cartons or pouches
- Foil beverage cartons or pouches
- Fruit squeeze cartons or pouches

**Missed collections and paid excess trash pick-up, call JRM at 800-323-HAUL (4285).**



**Weekly Unlimited Yard Waste Collection** ends on November 29, 2014. Collection resumes April 6, 2015. Yard waste must be in barrels or paper bags labeled “yard waste” – no plastic bags. Tree branches must be 3 feet or shorter and under 1 inch thick. Branches may be bundled and must weigh less than 50 pounds. No stumps or rootballs of any size will be collected.

 **Christmas Tree Collection** the week of January 5, 2015  
on your trash day. No plastic bags – No Yard Waste.

-  **No collection (holiday).** Trash delayed one day rest of week. Friday collections are on Saturday.



**Community Collection Days:** November 15, 2014 and May 9, 2015. Collecting an expanded amount of household items for recycling. Details will be posted prior to event at: [www.arlingtonma.gov/recycle](http://www.arlingtonma.gov/recycle)

☐ **Household Hazardous Waste:** Drop-off for Arlington residents at: 60 Hartwell Ave. Lexington – 9 a.m. – 2 p.m. For full list of acceptable items please check: [www.arlingtonma.gov/hhw](http://www.arlingtonma.gov/hhw).

**Interested in composting?** DPW sells composters at a discount. Visit [www.arlingtonma.gov/recycle](http://www.arlingtonma.gov/recycle) or call DPW for details.

## Arlington Public Works Hours and Contact Information

**DPW Customer Service Office**

51 Grove Street, 2nd Floor

**Hours:** Monday - Wednesday, Friday, 8 a.m. - 4 p.m.

Thursday 8 a.m. - 7 p.m.

**Phone: 781-316-3108**

Additional information can be found online at:  
**[www.arlingtonma.gov/recycle](http://www.arlingtonma.gov/recycle)**

Receive trash and recycling reminders via email.  
Subscribe to Town of Arlington Notices at:  
**[www.arlingtonma.gov/subscriber](http://www.arlingtonma.gov/subscriber)**